

'The Booklet' by Ray Morose

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Is There a God? – or – Why Am I Here?

This little booklet is designed as an introduction to the content of the books by Ray Morose: *The Source-code of Existence*, *Experiential Christianity*, and *The Mind of Consciousness*. The booklet has no copyright, and has 30 pages.

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The intent behind the books, and essays, is to support the non-material evolution of individuals by learning how consciousness 'sees' and 'knows' what the mind stores and creates. This intellectual understanding unveils the non-materiality of consciousness giving the reader the ability to recognize how the mind establishes controlling subliminal patterns that control him or her without them being aware of that control.

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- A note from the author -

Most people have a sense of being born with an independent and unattached 'I'. Then search outside that 'I' attaching to beliefs, constructs, and emotions that make it happy or safe. In this manner, the 'I' becomes dependent upon those external attachments, unaware they create a false 'I' identity. Ultimately, those artificial attachments rule the 'I' that made or accepted them. Hence, all my books and essays are designed to demonstrate your 'I' is not born unattached or isolated. From day one your 'I', or you, are connected to a greater Source than what to take yourself to be.

To reveal that Source the books provide an experiential foundation formed by exploring the inner world of how the non-materiality of consciousness interfaces with the material mind to discover your true 'I' Identity. All those defined inner processes can be personally proved or experienced. They are freely available to everyone regardless of ethnicity, religion, cultural differences, or education.

The result of that inner journey, if used correctly, is the discovery of an unwavering sense of absolute centered certainty, your real 'I' Identity. That center will be experienced as borderless, timeless, genderless, non-moving, silent, and free of all moving mind attachments. Thus, it reflects the Source-of-Existence giving rise to a feeling-sense of connective-assurance, containing an inner direction that is paradoxically non-directional. Meaning, the direction is borderless. There are endless ways to discover and reveal that center, as it is borderless and so open to any approach that metaphorically 'touches' the subliminal direction embedded within it. Hence, an approach from anyone by any means is acceptable, as no one way is the correct way.

That experientially discoverable center is a gift. All you have to do is open it. Then you will know, and the knowing allows an inner light to illuminate its subliminal and borderless direction. Then, all you have to do is follow the direction its borderless nature is illuminating. Subsequently, all the information in the books becomes usable in delineating that direction in terms that suit the listener. It's a new life founded solely upon that inner centers subliminal nature. It is a directional freedom that defies precise description, but once 'touched' remains eternally illuminated. That metaphorical 'touching' makes your true 'I' Identity indestructible, as it is a reflection of the nature of the Source-of-Existence. Or, as that Source is infinite the 'I-revealer' of its nature brings it into that Source's infinite-fold, and so equally indestructible.

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1. Introduction

If a questioning older child, inquisitive teenager, or an inquiring adult asked ‘what is God’ or ‘where is God’, how would you respond? There are religious answers as well as non-religious theories, and either may be acceptable. But, with that acceptance there generally remains an underlying sense of incompleteness or lack of connectedness because the response may have no personal relevance the questioner can immediately experience and relate to.

This lack of a felt personal connection to a Source-of-Creation is what sets the conditions for personality isolation within a short biological lifespan. This tends to establish various emotional insecurities, which in turn create a wide range of dependencies to help the person ignore or overcome that perceived isolation. The inner emotional anxiety this creates may not be recognizable by others, but internally there is ongoing subliminal turmoil that can cause endless personal problems, or can settle into various forms of arrogant denial. That denial is where most hard-hearted manipulative predators have their origin. Predators in this context include anyone who takes mental, physical, or financial advantage of another, as well as anyone using fear or violence as a mental manipulative tool or physical destructive weapon.

This introductory booklet will demonstrate an experiential response to the questions posed above: ‘what is’ or ‘where is God?’ It establishes what is termed *non-material logic* that can open ‘internal doors’ that were previously blocked or unknowingly ignored to reveal a subliminal pathway for intellectually-grounded experiential insights to arise. In this way, non-material logic has the potential to reveal your personal connectedness to the Source-of-Life. Opening of ‘internal doors’ means not allowing the mind to override experiential insights with preconceived ‘additives’ such as conditioned mental constructs that are formed around beliefs.

It is important to note here that beliefs, and constructs formed from them, are not necessarily problematic until they are imposed on another, which is causation for most forms of conflict. Thus, if you jettison the constructs, leaving the beliefs in isolation, conflict can be averted.

Freeing one’s thinking from construct additives clears an inner space in which experiential pathways can be seen and, in due course, effortlessly used. That inner freedom holds a potential to discover an innate but subliminal purity within your consciousness that connects you to the nature of the Source-of-Life. As this little booklet unfolds, you will appreciate how that nature is open to individual interpretation, yet its essence is identical for all, no matter how it is discovered and used, knowingly or unknowingly.

However, unless the biological-brain-created mind has appropriate ‘tools’ for interpreting the subliminally embedded purity of consciousness,

the various mind additives can potentially misinterpret, limit, or even destroy the resultant experienced insightful clarity. Hence, how the nature of that inner purity is both internally experienced and externally unveiled depends on how it is discovered. Thus, if that nature is unveiled through an experiential inner freedom the result will appear different than connection achieved through a belief or construct.

To suggest one discovery method or application is better than another is missing the point of that experience. It is simply that you can recognize how an individual arrived at their connection by its application. That recognition allows you to adapt to the belief/construct language of another and still state your inner direction without inflaming the controlling borders of the other person's beliefs or constructs. In that manner, all involved can share a connective moment rather than it becoming a detrimental encounter ending in a heated argument.

It may not be initially obvious but that last paragraph reveals another important aspect of your life: the separation of consciousness and mind. The separation is why there are different ways the nature of that inner purity can be discovered, internally experienced, and externally applied. Belief arises from an inner experience or experiences. Then, mental constructs determine how that belief is defined and applied, and that creates difference: also, why many religions exist. Therein is causation of many a mental and physical battle: people focus on mind-created differences while forgetting their foundational identicalness: the nature of consciousness.

What makes understanding the consciousness/mind separation both confusing and complex is that each arises from a different source. That separation will be explained later. But as a quick preview, consciousness (containing an innate purity) comes from a non-material source. The mind (containing self-created or accepted beliefs and constructs) arises from a material source, the biological brain. Both are required to reveal 'who' and 'what' you are for, as will be demonstrated, 'who you are' is derived from consciousness, while 'what you are' is created by the mind. Both are essential to life. Not having an intellectual understanding of their separation and interconnectivity creates endless problems within a civilization.

If the terminology used in this booklet initially appears confusing, it will clarify as you read through it, as each term is based upon how it is experienced, making it easy to recall and use. Thus, gaining an intellectual understanding of the separation and interconnectivity of consciousness and mind is indispensable in understanding your existence. That understanding is essential for correctly interpreting and comprehending the connective pathways to the Source-of-Creation. When that intellectual knowledge transforms into experiential insight, the word 'God' is no longer just a word to label the indescribable. It becomes a personally connective experience that subliminally sustains and guides your life. Thus, it is paramount to have experiential terminology that can be used in that internal exploration.

This little booklet provides the mental ‘tools for that internal exploration. Using them is a personal decision.

2. Referencing

The first of those ‘tools’ to understand is ‘referencing’. No matter what your age, ‘referencing’ is an inner action that subliminally *and* overtly controls your life from birth to the grave. Having an intellectual comprehension of how referencing affects your life, both positively and negatively, provides avenues for controlling the thoughts and actions that affect your life rather than unknowingly allowing them to control you.

That hidden control begins from the moment you draw your first breath upon this planet, when mind sets in motion the creation of one guiding but subliminal pattern, the deception/deceit pattern: examined shortly. That one pattern is essential to life, but it also is potentially harmful to it. Hence, an intellectual appreciation of how that one pattern arises to control human life is an important part of this introductory investigation, referred to as an experiential exploration of your inner space.

As you grow from infancy into adulthood that crucial deception/deceit pattern generates other similarly-structured patterns or clones that in turn establish clones of themselves and so on, resulting over time in a diversity of individual patterns-of-living that form your personality or persona, that is, the ‘you’ that others see, and that you probably mistake for your true self. Gaining an understanding of this internal process is similar to exploring the code within a website. The hidden code of a website creates a visible picture upon an electronic screen. Similarly, the information in the books, articles and this booklet uncover the hidden codes (clones) that create a visible picture upon the inner screen of your life.

Although this booklet discusses how clones arise to subliminally control your life, its focus is the formation of the initial deception/deceit pattern that clones replicate. Each cloned pattern-of-behavior emulates the structure of that first pattern; what makes them appear different is their content. As with the code of website, that underlying clone pattern is hidden, but once you know its structure, you know its Achilles Heel and can alter or erase a controlling clone even without knowing all of its content. Know that structure and all patterns become ‘visible’.

Specialists who work with subliminal clones or patterns-of-behavior, different psychology or sociology therapists, can help you discover what gave rise to a particular behavior that you may want to alter or remove from your life. However, that can take a lot of time and money, and generally results in the making of a new more acceptable cloned-pattern because these specialists tend to work primarily with content. A simpler and easier approach is to learn how that pattern is formed. Knowing its structure also

allows you to alter a pattern without destroying the parts of it that are beneficial. For each cloned-pattern you reference, when making any choice or decision, is simultaneously supportive and potentially destructive. To try to rid yourself of all those patterns-of-living would be detrimental to your existence, as most were formed to somehow protect or support some aspect of your body, mind or spirit.

When you understand the structure of your cloned-patterns, you have an intellectual 'map' delineating a pathway for pattern alteration or, if necessary, removal. And those internal alterations are achieved without relying upon outside input. This makes the result solely of your making, indirectly reinforcing your self-confidence by your newly discovered internal analytic prowess, which in turn bolsters positive value of that new pattern. You are, in effect, learning to not allow cloned-patterns to slip from a supportive role into a controlling or destructive mode, and thereby regaining control of your life.

That is the strength of understanding 'referencing' for you continually (and unconsciously) reference or refer to those clone created patterns-of-living for your identity, for you are subliminally controlled by those clones. Knowing how that first pattern is created provides a system for you to use that structural knowledge as a reference to discover your true Identity as opposed to living within the ever-changing identity created by the clones.

Whether you know it or not, referencing is your life. Without knowing how it functions, stress and anxiety become your constant companions, as the patterns the clones create access their self-protective structure under stress. Stress is a natural consequence of modern living and working conditions, and a major factor in various levels of anxiety instigated by those cloned patterns. As well, instability constantly exists as those patterns are continually updating or creating new versions of themselves. The self-protective aspect may appear good but problems arise as the self-protectiveness can be endlessly misused, turning the supportive into the destructive. However, if you are aware of referencing and know the structure of those clones, when any one tries to arise, or make a comeback, as they will, you will know how to override it because you know how it is formed. And the form is what gives it control.

To make any pattern alteration permanent takes time, as the clones that original pattern establishes will not just lie-down-and-die. Those clones have had a lifetime of control and so can appear protective by providing an artificial security. The falseness of that security is causation for a good portion of individual and societal problems. Overcoming that control begins by knowing how patterns arise. And that begins with an intellectual appreciation of the separation and interconnectivity of consciousness and mind. This is the crux of just about everything in life, as it affects everything within it.

3. The Separation of Consciousness and Mind

There is no easy way to approach the separation of consciousness and mind as you will have had a lifetime experiencing them as one. And that is what makes its inter-connective separateness difficult to discuss. It is not dissimilar to painting a picture upon a white sheet of paper. The picture is what you see and take as 'I did that'. But, the white sheet of paper is overlooked even though it is the medium on which the picture appears. On a basic level, consciousness can be deemed the *substance* of the 'sheet of white paper' and mind, created by the biological brain, establishes the 'I' of 'I did that' painting. This action has the effect of having that 'I' experienced as an isolated and independent entity, as 'I' did the painting. Yet the 'I' arises from somewhere. It did not just appear out of thin air. The following process delineates how that 'I' gained its sense of isolated independence.

(1) Experiential process # 1

What follows is the one part of 'awareness training' that is fully outlined in the books. This little exercise uses the beginning of that training to evaluate the awareness that you are using to read this page.

Close your eyes and refrain from all thinking. When your mind is clear, you will notice that you are aware of apparent 'nothingness'. Hold that awareness for about 30 seconds.

That is all there is to it. You can do that little exercise at any juncture in your lifetime and it will always be experienced the same way: as observing nothingness. That experienced 'sameness' holds the key to your existence, as it exposes the separation of consciousness and mind. As well, it reveals the two components of consciousness and how those components are used to create the great deception of a seemingly isolated and independent 'I'.

(2) The two components of consciousness

The first thing you will have noticed in that little exercise is a feeling of an 'I' observing what appears to be an internal dark nothingness. But you were observing something that was referred to as nothingness, as nothing appears to be there. But, there is. The 'something' - even though it has no form or definition - is there. And that 'something' is there any time you try that exercise. That means the 'something' that appears as 'nothingness' is a constant in your life. And its *substance* will be shown to be the *only* constant in the universe, for everything else is always changing.

As you internally observe that inner dark nothingness, with the mind totally inactive, two things are apparent: a) someone knows what it is observing, and b) there is 'something' being observed. Those two aspects can be identified:

(a) The first aspect is the ‘someone knows what is being internally observed’, normally referred as the ‘I’ that knows, and so can be called the *knower*: or, more correctly, your *knower-I*.

(b) The second aspect, what is being observed, appears as nothingness, but is ‘something’ because it can be observed. As that ‘something’ is constantly there, it is a substantial aspect of the knower-I. That substantial ‘something’ therefore can be referred to as the *substance* of the knower-I, making that *substance* its ‘am’, experienced as ‘I am’ or ‘I am’ that *substance*. Also, as the ‘I’ knows its own *substance* by ‘seeing’ it, reveals an internal *observer* of that ‘I’ forming your observer-knower as your ‘I am’. Or, what ‘sees’ what *knows* is your observer, by seeing its own *substance*, allowing the knower to know it, forming the ‘*experiencer*’ of your self-existing ‘I am’.

That ‘I am’ is a statement of your existence revealing it as both an observer-knower of its ‘am’ *substance*. It is your internal ‘I am’ constant that never alters, experienced as your internal identity. The mind is not involved in this constant; therefore the ‘I am’ identity is free of all beliefs, constructs, as well as all life experiences. That inner freedom has been called by many names: inner void; no-mind, or as previously stated, nothingness as it appears dark and impenetrable. However, the nothingness is ‘something.’ It is the *substance* of your knower-I. And that *substance*, being free of all attachments, is clean, clear, and pure.

Furthermore, the inner purity of that *substance*, which appears dark and empty, is complete: it requires nothing beyond what it is to be self-existent. This makes that inner *substance* not empty, but full, revealing a nice little paradox: you must be ‘empty’ to experience the ‘fullness’ of that *substance* purity. Also, it is self-referencing as the ‘I’ references the ‘am for what it is.

The apparent darkness of your inner *substance* exists for a reason, which is discussed shortly. But as a quick preview, the darkness is what makes the nature of consciousness subliminal. And is subliminal so what the apparent darkness contains is not imposed upon you. You have free will to uncover, expose, and so use or ignore its veiled content. This is a freedom most have unwittingly lost by taking on beliefs or constructs, and by doing so have become prisoners within their constraining walls.

This is another one of those pesky paradoxes; this one is in two parts. The first part is the self-created prisoner, not recognizing those self-imposed restraints, can feel free within the prison walls. But, although free will can be contained, it can never truly be lost. Thus, the second part of the paradox: although the self-imposed prison creates a prisoner, he or she can use the positivity of any content that formed the prison to escape without abandoning the beliefs and/or constructs that initially created its confining cell walls. It is a difficult process to use, but it does work, generally slowly and painfully, which can be avoided simply by knowing the structure of cloned-patterns. That gradual internal ‘escape’ process makes it appear as if the individual is still in prison, but the cell walls are slowly being

dismantled. This can be seen in good people doing exemplary work whilst belonging to organizations that control by belief and constructs. Paradoxes such as these reveal the mystery and complex vitality of life.

In summary, your 'I am' consciousness stands alone (self-referencing): it does not require any form of support or maintenance to exist. Also, the inner purity of its 'am' *substance* can be seen as its nature, which is subliminally hidden under a blanket of apparent darkness. The biological brain that creates the mind provides all the information for consciousness to internally 'see' and 'know'. However, consciousness, your 'I am', never alters with that 'seeing' and knowing': it is your constant. Some may suggest that consciousness alters with various drugs or insights, but it does not. The mind is what alters, and the human body is what is affected by the various drugs or responds to the insights. The only thing consciousness does is observe-and-know those changes or alterations. Thus, consciousness can be referred as your inner observer-knower, and experienced as 'I am'.

However, the purity of the impersonally embedded nature within your 'I am' of consciousness can be a difficult experience to interpret. The nature of its content can be intellectually revealed. But to actually own it, you have to first experience it, and then use it. And part of that experience begins when the apparent darkness is experientially revealed as not darkness, but light. Another paradox: but, this one that goes to the heart of personal existence, as will be seen below.

(3) An example demonstrating the separation of mind and consciousness

The mind is of physical origin, created out of your brain functions of intellect, memory, imagination and intuition. These brain functions rise and fall upon demand, creating what is referred to as mind or mind functions. How effectively these mind functions operate depends upon how genetically functional the brain is, the interconnectivity of its circuitry and its chemical integrity. This is what the materialist sees and works with: the transitory brain functions. When the body is deprived of life, the brain dies.

But what happens to the mind of that individual? Pure materialist scholars, scientists, philosophers, etcetera, conclude that as the brain is material and contains all our mind functions, when it disappears, the entity that used it equally disappears - not an unreasonable conclusion, potentially establishing an agnostic or an atheistic mindset. This conclusion can be supported by a variety of scientifically provable brain function experiments.

One medical proof of this contention is the debilitating affliction known as Alzheimer's disease or senile dementia, characterized by progressively diminished accessibility to brain functions. As the brain functions diminish, so apparently does the entity that used them, resulting in impaired use of intellect and memory plus personality disorganization. From that observation it is reasonable to conclude that we are the sum total of our

brain function output. Thus, when the body dies so does everything the brain functions produced. This is a pure materialist viewpoint conceived upon observable fact.

However, while in Alzheimer's disease the brain or mind functions do become partially or totally inaccessible, consciousness never alters. Consciousness is your ability to see (observe) and know, both externally as awareness and internally as self-awareness. It is your internal screen that sees and knows what is seen and known. A person with Alzheimer's can always see and know. The person simply may not understand or be confused by that lack of comprehension, for the mind functions that provided the necessary information for consciousness to see and know are losing their accessibility.

This example shows that mind functions can come and go, or rise and fall upon demand. However, consciousness remains unchanged no matter what the mind functions produce, or do not produce. Consciousness, therefore, as your pure 'I am' awareness, is 'who you are'. And as it never alters, it is from a non-material source, as everything physical alters endlessly. This is the split between consciousness and your brain-mind functions. And that separation is fundamental in understanding your existence.

(4) Differentiating between consciousness and the mind

The materialist can deduce and work with logical conclusions from the study of the brain, but comes to a brick wall when dealing with consciousness, for it cannot be found or located anywhere. And that conundrum exists because mind functions have material origins, while consciousness does not. This is where difficulties arise as the separation of consciousness and mind is generally not recognized.

Unraveling that enigma begins with appreciating that the biological human body is born with a brain capable of creating a mind, which is formed by brain activity. That constant activity is the mind employing what can be considered as a palette holding an endless array of colors. Thought, motivation, intent, feelings and emotions choose which color or colors to paint upon the canvas of consciousness. But the painting of your thoughts does not alter consciousness itself. What you paint is simply the visible picture you have created.

Consciousness never interferes or objects to the colors your unfettered free will chooses to paint upon it. That absolute freedom is a personal example of the spiritual *Law of Non-interference*. If there were any form of interference with how the human race evolves, there would be no such thing as free will. People tend to forget this when an atrocity is occurring and ask, 'Why does not God intervene to prevent those horrific acts?' The simple answer is that entity cannot intervene as to do so would negate free

will. Free will exists or it does not; there is no in-between. Knowing the *Law of Non-interference* is important because it lets you appreciate the responsibility of having free will. How our civilization evolves or destroys itself is totally up to us, the occupants of this planet. There is, however, subliminal support. This is explored in the books.

As previously stated, consciousness awareness, as your internal observer-knower 'I am', is 'who you are', which is a non-material *substance*. The biological brain, on the other hand, creates the mind by recalling all the various pictures it created and painted upon consciousness. Consciousness is 'who you are'. The pictures you paint upon it becomes your character, creating 'what you are', which is what others (and perhaps you) experience as you. Therein is the difference between consciousness and mind, although each depends upon the other to give it observable existence.

That raises the question, how does a temporary material existence become a permanent non-material existence? It is here that consciousness becomes the focal point of interest, for biology is a temporary acquisition. If anything has permanence, it is consciousness, as it never alters. Is there, then, a knowable crossover point from the temporary physical to non-material or spirit permanence? Or, how does the transitory biology transform non-biological consciousness into a known permanent reality?

That transition is not as difficult as some may portray. However, what can be problematic is gaining an intellectual appreciation of that transition. The purity of consciousness, which is the doorway for that transition, can be veiled by endless forms of convoluted arguments stemming from held beliefs and constructs. Therefore, intellectually delineating how that transition can occur begins by revealing the innate purity of consciousness. Only a non-material medium can be used to expose the non-material purity of your inner *substance*. It is up to reader, then, to choose or not choose to use *non-material logic* to discover the subliminal direction embedded within consciousness. This form of logic unveils a pathway to the intellectual processes that enable one to experience that transition. Again, using that pathway is a personal decision.

4. Non-material logic

Non-material logic, or spirit logic, is the only way to understand that which is not material. Material logic works fine with material substances, such as weighing things, mathematics, to financial investing, or particle physics. But it fails to function when dealing with a non-material *substance*, as the two forms of substance are totally different from each other. It is like trying to understand fruit by studying rocks. It simply does not work. Therefore, to understand a non-material *substance* non-material logic must be used. What

is identical to both material logic and non-material logic is how they are used. Each builds upon, or metaphorically stands upon what has already been logically proven or theorized, and then logically extends or stands upon, that foundation to move into what is yet unknown.

This process begins by using non-material logic to uncover spirit-energy patterns as the means for the material to exist. This has already been demonstrated by gaining an understanding of your non-material 'I am' observer-knower of consciousness, which the material biological brain uses to function. Without non-material consciousness, the mind would not exist. Meaning, you would not exist. Therefore, it takes non-material logic to understand what upholds or goes beyond the material.

Those who refute non-material logic are generally locked within material logic to such an extent that they honestly believe spirit energy is a fantasy or delusional, and they tend to vigorously defend that position. But the defending is just the visible outcome of a self-protective cloned pattern controlling that individual.

Non-material logic is the only way to understand spirit energy. However, it is not the only way to connect with that energy; there are endless ways for that connection to occur. When trying to intellectually comprehend spirit energies, such as dealing with consciousness, which is ageless, formless, colorless, genderless, and silent, non-material logic comes into its own. For like air, consciousness cannot be grasped and held; it is invisible. But that invisibility can be made experientially visible through the use of non-material logic. An example of experiential visibility is experiential *process* # 1 on page 7 of this booklet. When you closed your eyes and stopped thinking, what you internally saw was dark 'nothingness'. However, by using non-material logic you gave that assumed 'nothingness' an intellectual 'shape', making it metaphorically visible as 'something'. This 'something' was non-materially arrived at by examining what made that 'nothingness' dark, which brings in the next exercise.

(1) Experiential process # 2

This little exercise begins the same as the first. Close your eyes and empty the mind of all thoughts. Just focus upon the inner 'nothingness' that is cloaked in darkness for at least 30 seconds. Then visualize a banana. When that banana is clearly seen, open your eyes.

Before non-material logic is applied to that visualization it is important to be aware of the two kinds of inner 'seeing'. Some can visualize as if actually seeing an inner object, whilst others visualize more by feeling than seeing. Both are appropriate. There are many possibilities why this difference exists but it can be understood as how an individual responds or reacts to others: 'seeing' by a connective feeling or 'seeing' by an

intellectual connection. Or, head-ruled or heart ruled, which not gender specific.

Regardless of its simplicity, this second inner visualization reveals various insights arrived at through non-material logic. Initially, only one of those insights will be examined as it helps to explain why the darkness of the apparent inner ‘nothingness’ exists, beyond the earlier insight that the darkness prevents free will from being less than what it is. Other aspects of that visualization will be analyzed later.

When you visualized that banana, by feeling or seeing, you released a light within that inner darkness enabling you to see it. This suggests that the ‘darkness’ is not as dark as it may first appear, for somewhere within that apparent inner darkness light exists: but where and how? This is where material logic fails, and non-material logic enters.

(2) Light within the darkness

Before that light is examined it is important to clarify a misconception. Some may think the *mind’s eye* is what sees. But the term *mind’s eye* is a misnomer for the mind has no eye to see. The mind is formed by brain activity, and that activity is ‘filed’ somewhere within its cellular grey-matter, so the brain can be portrayed as a biological filing cabinet for the mind. Mind arises by using those brain activity ‘files’ to establish a *consensus* of each stored category. Or, the mind *is* that consensus, and uses those ‘files’ to create or accept various beliefs as well as the endless array of constructs that form your persona, personality, or identity. However, what ‘sees’ and ‘knows’ what that consensus-formed mind contains is consciousness awareness. And that awareness is what perceives the inner dark ‘nothingness’ in the little exercise above. So, where does the light that allows one to ‘see’ the visualized banana come from?

The first conclusion to be drawn from that exercise is that the knower-I of consciousness uses its inner-observer awareness to see its dark internal *substance*. And that dark *substance* appears to have a light to illuminate what is visualized or dreamed. It can therefore be safely concluded that the inner darkness is not really dark but a canvas that shrouds an inner Light that allows awareness to internally ‘see’ pictures and thoughts illuminated upon it. Yes, you actually see your thoughts, which is what makes them ‘feel’ real. If you cannot ‘feel’ a thought it will have little to no lasting effect. Some medications, for example, prevent a connective ‘feeling’ to a disturbing pattern-of-behavior from occurring, which makes intellectual intervention to alter unwanted or self-destructive patterns difficult, if not impossible, to achieve. Thus, from the above visualization exercises, we can conclude that the apparent inner dark ‘nothingness’ is not nothing. It is a substantial ‘something’, referred as your inner *substance*. And somewhere within that inner *substance* is a light. Or, the inner *substance is* a Light that

uses darkness to both conceal and reveal itself. That last statement can be taken both literally and figuratively.

A second conclusion concerns the light of awareness itself. What is it? Or, where is it? To begin, light is pure, and one of its innate activities is to illuminate. But the only way to see an illumination is upon a background of darkness. That perceived darkness is therefore experientially knowable as ‘something’ because it illuminates anything the mind paints onto it (the banana). It also self-illuminates with thoughts that ‘touch’ what that inner *substance* is, and that illumination you can feel, and it feels good. This suggests that there is one form of inner ‘light’ used by two different sources, one source being your observer-knower awareness and the other is embedded within the *substance* of consciousness. That ‘other’ can be referred to as the inner *Light-of-Existence*, because it exists separate from your conscious awareness and illuminates when you metaphorically ‘touch’ what it is, revealing its nature. Both your awareness ‘light’ and that inner *Light-of-Existence* use the inner darkness as their canvas. This means you are but a paper-thin distance from the Source-of-Existence.

So, what is your inner light of awareness? And what is that other light, the *Light-of-Existence*? The other *Light* exists within and ‘*as*’ your inner *substance*. It is pure illumination, which conceals its ‘illuminative’ direction by shrouding itself in darkness. One reason for that ‘shroud’, as already discussed, is to allow free will to exist. A second similar reason is to allow the person to freely choose whether to expose that *Light* or leave it in darkness. To leave the *Light* in darkness is to effectively reject it. If exposed, the *Light* is effectively accepted. That is unfettered free will in action. Either choice will not affect that inner *Light* which remains no matter what you do or think. Such is the gift of life. And that gift remains with you until your biological death. If that gift is rejected the rejection is honored, or if accepted and used, it opens doors to a new adventure.

The other light, your inner awareness, is not static, only operative in visualizations and dreams. It also illuminates thoughts, ideas, and ideals. The light of your awareness allows you to internally see those thoughts, ideas, or ideals by illuminating them upon the dark canvass of your inner *substance*. That illumination is what allows you to ‘feel’ them, and the ‘feeling’ is what makes them be experienced as real. Thus, if any of those thoughts, ideas or ideals ‘touches’ the inner direction of that *substance*, they take on a ‘brighter’ illumination and are experienced in context of that extra ‘brightness’. This is sometimes comically portrayed as an illuminated light bulb above the head, which actually is very close to the truth, as inspirational ‘feeling’ is like having a light switched on. Such inner illumination is felt as the ‘lifting’ of a veil, as the dark shroud of the apparent inner ‘nothingness’ ‘lifts’ or ‘splits’, allowing its dark canvass to portray a non-material insight in brilliant clarity, making you feel ‘lighter’ or ‘brighter’ as if a load has been lifted. It simply makes you feel-good. So

the inner, subliminal nature of that Light is referred to as the nature of *The-Good*, for ‘touching’ its inner purity makes you feel-good.

A third conclusion is reached as you finally acknowledge what hides in full view. From the first and second exercise, when you close your eyes and stop the mind from functioning, you see, and so know, only darkness as an inner ‘nothingness’. And that ‘seeing’ by your inner observer of consciousness awareness allows the knower-I to know it sees ‘nothingness’. Meaning, the inner observer *is* the ‘light’ within that illuminates thoughts and things upon the dark canvass of apparent ‘nothingness’. But that ‘nothingness’ is something, as it contains an inner purity (nature of The-Good) and can be illuminated by the observer, and so known by the knower. It takes time to fully realize or appreciate what this paragraph is saying. Even though it appears repetitive, confirming the inner workings of consciousness-awareness is vital as it sets how you think and act in the world in which you live: and that thinking and acting sets the conditions to move beyond this physical world or not.

Thus, both the ‘light’ of individual awareness and the Light-of-Existence hide in full sight. And each illuminates the apparent inner darkness of consciousness to reveal the thoughts of one, and the subliminal purity of the other. Signifying, the ‘light’ of both is always full on but remains concealed within apparent darkness until illuminated or ‘unveiled’. Neither ever varies or suddenly stops working, as opposed to the biological mind that you can turn on and off. This is another difference between non-material consciousness and the material mind.

Hence, consciousness awareness is your inner ‘light’ and self-awareness is the ‘light’ seeing its own *substance*. That inner action allows the knower to know its *substance* by the observer illuminating it and so seeing it. Therefore, if you are searching for the ‘light’ within, you are using what you are searching for. And if that ‘light’ illuminates the Light subliminally embedded or covertly hidden within that *substance*, you can ‘feel’ its inner purity that simply makes you feel-good, and so is expressed as the nature of The-Good.

The result of that inner process work reveals your observer to be the ‘light’ within allowing the knower to know what that ‘light’ illuminates. A fourth conclusion only requires one more step into the unknown to reveal the *substance* of consciousness that shrouds the purity of the reflected Light within. That ‘shroud’ can be taken as a proving ground as it requires motivation and determination to see what is veiled or concealed, confirming personal intent. The intent is realized when the veil that hides the nature of the Source-of-Existence is split to reveal an individual purpose full of directional meaning and connective surety. Or, the nature of The-Good is internally illuminated and the illumination sets a personal direction.

(3) Nature of The-Good

The nature of The-Good, as it is pure ‘Light’, has no borders to contain it. Anyone can access it at any time without beliefs or constructs, and so is not limited as to how that access is achieved. It is religion free, and openly unguarded to any process for that accessing, as nature of The-Good is totally unrestricted, and so, non-judgmental and unconditional, accessible by anyone at any time and by any means.

The nature of The-Good may be difficult to appreciate until you *knowingly* access that nature, experience it and become a recipient of its inner direction. If you do, it simply will feel-good. But, its unrestricted nature is impossible to accurately define. If it could be defined it would not be unrestricted, as definition establishes borders to restrict and contain what is being defined. So, living *in* and *as* a compassionately orientated direction, that is intellectually unrestricted, open-handed, and openhearted, in an unguarded state-of-being would be the closest definition possible for what cannot be contained. Consequently, everything you may be searching for, you already have. It simply is hiding in plain sight.

The subliminal purity within consciousness is the nature of The-Good., and whether you appreciate it or not, that inner purity exists within the greatest humanitarians as well as the vilest of humans, for it is the essential nature of consciousness. However, how an individual uses or ignores that nature defines his or hers existence. And that definition is written or painted upon the canvas of life for all to see.

Your mind is what you use to paint onto the canvas of consciousness: colors that illuminate that innate purity, or disharmonious colors that veil or restrict it. If you restrict the substance of consciousness you unknowingly restrict your existence. And that restriction will always come back to bite you in forms you may not recognize as created by your self-created, restrictive thought-forms. Whatever you choose, the canvas never interferes by objecting or approving. However, you take the production of those colors as who you are, as it can be witnessed both internally and externally. That mistaken identity is the great deception. And that deception controls your life without you being aware of its deceit: the deception/deceit pattern in action, which is how the shadow-world appears.

5. Transition from Non-material to Material

The transition from a non-material ‘I am’ *substance* that never moves into a material substance, experienced as ‘I am this or that’ and in constant motion, is a normal and natural process every human being goes through. However, *how* that transition occurs can determine whether the individual aids the evolution of a community or civilization or negatively impacts it.

The factors that make that transition possible are both your innate primary spirit energies and your self-created secondary reality 'forces'. That transition brings the inside into the outside world, or materializes what begins as non-material.

(1) The independent 'I'

From the first breath onwards the biological brain begins its journey of discovery, unknowingly using that individual's 'I am' consciousness as a foundation for those discoveries. The discovery process begins when the 'I' artificially separates from its natural 'am' *substance* and attaches to brain-body-created wants and desires. This occurs as the 'I am' is self-referential so the 'I' must always have something to reference as its 'am' substance. Thus, the moment that 'I' artificially moves outside of its innate 'am' *substance* it must attach to something to complete itself with a new created or accepted desired substance. This artificial separation initially may appear as 'I am hungry' or 'I am tired', etcetera. As an individual matures, the 'I' attaches to a wide variety of new external substances that endlessly alter to suit the age. Eventually, the separated 'I' is bonded to various substances that he or she is attracted to or attached to, which can include, things, people, beliefs and constructs. There is now an independent 'I' in the world totally unaware that its attachments have created a false identity: experienced as '*I am this or that*'. This is the beginning of the great deception. And that deception is a normal part of life. However, *not recognizing* it as deception is root causation for nearly all the problems within a civilization.

This artificial separation establishes two realities: a primary reality and a secondary reality. Your 'I am' of consciousness forms your primary reality. And the separated 'I' with a new artificial 'am' substance is your secondary reality. This can become a little tricky to understand as both realities are initially essential in your life. But, if you continue to live as your secondary reality your life is increasingly experienced as being entirely material, and ending when your biology ends. This can easily lead to a greed filled licentious life existing for an endless array of entertaining material 'toys'; and those 'toys' include people. This obviously does not support the evolution of a civilization. It actually does the opposite, to the detriment of everyone.

The secondary reality, like the darkness of the apparent 'nothingness' within consciousness, is for you to recognize, see through and overcome, which action generally requires you to first discover your primary reality. That normally occurs, in some fashion, by learning to 'see' and/or 'feel' the nature of The-Good embedded within consciousness. And that process can be accomplished by a wide variety of methods. But, by using the

experiential structure, outlined in the books, you gain an intellectual knowledge of how the secondary reality functions. And that is essential, for if you are not aware of how that reality functions, you are controlled by it even if you believe you are in control of it, which is another aspect of the great deception.

The following examination of the independent 'I' will demonstrate how its seemingly autonomous existence uses the spirit energies of consciousness to transform into secondary 'forces' which the mind uses to create a secondary reality. The internal duality of a primary and secondary reality establishes the conditions for all the inner and outer struggles within an individual life. And that struggle has a purpose: but that purpose is difficult to appreciate or discern until the 'I' is metaphorically *reattached* to 'who you are' as your self-existing consciousness 'I am'. Then you are in a position to direct 'what you are' rather than being lead-by-nose by the 'I am this or that' self-created for the survival of the independent 'I'.

(2) The primary reality and its spirit energies

The primary reality is your consciousness 'I am'. It is 'who you are'. The 'I' is the knower and the 'am' is its observer *substance*: a complete self-referential entity referred to as the observer-knower of consciousness. That self-referential nature has four self-existing primary reality spirit energies. These energies are an integral part of your 'am' *substance*, allowing the knower to know what is internally being observed.

The four primary spirit energies innate within your 'am' substance are attachment, feeling, trust, and reliance. The awareness training exercise, outlined in the books, is used to confirm the existence of those energies. This booklet simply familiarizes you with a condensed version of how they function.

(i) The primary spirit energy of attachment:

The first primary reality spirit energy is evident in how the 'I' is bonded to its 'am' substance or is *attached* to it, creating the self-referential nature of consciousness.

(ii) The primary spirit energy of feeling:

The secondary spirit energy allows you to *feel* your 'I am' awareness as being 'who you are'. And that feeling is constant, for when you become aware of that 'I am' it will always *feel* the same.

(iii) The primary spirit energy of trust:

The third primary reality spirit energy is *trust* as the 'I' and the 'am' *trust* the other to be what it is. This form of *trust* is the 'marker' pointing to an open pathway to discover and connect to Absolute Consciousness, as an

individual consciousness is its reflection. Absolute Consciousness goes beyond the scope of this booklet, but it is also known as the First Manifest or, in common terminology, God.

(iv) The primary spirit energy of *reliance*:

The fourth primary spirit energy is *reliance*. The spirit energy of *trust* and *reliance* are so intimately entwined they can be difficult to differentiate one from one another. But they are still separate, as each has a definite role to play within your existence. *Reliance* can be said to exist as partner to *trust*, and the two bonded as one form a strong alliance that can withstand the many and varied storms of life. That partnership resides within the 'I am' of consciousness for the 'I' relies upon the 'am' for its existence. The relationship between the spirit energies of *trust* and *reliance* is so close that if you 'awake' one the other is already 'tagging' along.

These spirit energies are in potential only, and can be understood as the knower knowing nothing, the observer is blind, and awareness is aware of nothing. What actualizes this potential is the self-created mind of the secondary reality. The mind provides all the information for the knower to know, the observer to see, and for awareness to be aware. In short, the secondary reality brings the primary reality to life, but the primary reality *is the life* of the secondary reality. Together, these two aspects of your existence create the 'engine' for life.

In order for that engine to function, it must connect to the world outside of your consciousness's non-moving 'I am' and enter the world of constant motion. And here enters the secondary reality into your life. It does not just appear out of thin air. It arises upon, or uses, the primary spirit energies to connect to the outside world by 'reforming' them into 'forces' to make a new substance for the now artificially independent 'I', creating 'I am this or that' as a secondary reality. This is a natural process and occurs to every human. However, the manner in which those 'forces' shape the secondary reality depends upon where that entity lives, as cultural heritage, ethnicity, religion, and peer groups are huge factors in that transition.

(3) The secondary reality and its 'forces'

The primary 'I am' reality is the *reflected* image of Absolute Consciousness; hence, it is unalterable as a reflection is unalterable. On the other hand, the secondary reality is self-created by the brain/mind, is therefore transitory, and subject to ceaseless change. For the move from inside to outside, the independent 'I' must discover a new 'am' substance to connect to and so complete its self-referencing nature.

That move is created by the primary reality spirit energies transitioning to secondary reality 'forces'. In so doing those 'forces' establish new mind

'objects' for the 'I' to *hang on to* and make part of its new substance, which is experienced as 'I am this or that'. That new substance is in ceaseless change as those mind 'objects' are constantly altering, updating, or moving as opposed to the silent, peaceful, non-moving center of your primary 'I am' reality.

The following outlines that transition, creating the secondary reality 'forces' of desire, emotion, belief and trust. Yes, trust, for there are two kinds of trust and their difference causes endless misunderstandings.

(i) The secondary reality 'force' of *desire*:

The primary reality spirit energy of *attachment* converts into a secondary reality 'force' of *desire*, creating a new mind object for the independent 'I' to grasp and hold, creating a new artificial referenced 'am' substance for that 'I'. That desire holds the 'I' outside of its naturally occurring inner 'am' *substance*, solidifying a sense of 'I am this or that'. The 'I' is now that desire, not being separate from it. The 'I' begins defining itself by that new substance: the beginnings of a new controlling cloned-pattern. And the 'I' is generally unaware of that control.

Example: A desire rarely ever ends as one desire leads into another: covetousness of people, and accumulation of 'things' leads to desire for power and control over them and others.

(ii) The secondary reality 'force' of *emotion*:

The primary reality spirit energy of *feeling* converts into a secondary reality 'force' of *emotion*, again creating a new referenced mind 'object' (a new 'am') to bring non-material consciousness into materialization.

Example: If the emotional 'object' of passion is fulfilled, happiness reigns, but if unfulfilled, desolation rules. Note: Both positions maintain the emotion, but differently, which maintains the independence of an 'I'. So either does the job required, which is where and how the shadow-world emerges: the deception/deceit pattern in action.

(iii) The secondary reality 'force' of *belief*

The primary reality spirit energy of *trust* converts into a secondary reality 'force' of *belief*. A belief in an individual, teacher, leader, partner, friend or 'things' such as religion, wealth, and status all create a solid internal mind 'object'. They bind you to the secondary reality, making the independent 'I' appear real, and that reality defines the individual to such a degree that it can become the sole foundation for that person's identity: its new 'am'.

Example: Belief establishes defending and defending with ease converts into attack, potentially transforming humans into cannon fodder. Violence and destruction are buried in the underbelly of a belief 'force', waiting to emerge in the guise of protection.

(iv) The secondary reality 'force' of *trust*

The primary reality spirit energy of *reliance* converts into a secondary reality of *trust*. This new trusting 'force' within the secondary reality is the cause of much confusion as it is incorrectly taken as the primary reality spirit energy of *trust*. These two forms of trust are not the same. The primary spirit energy of *trust* is fulfilled within itself. It is unconditional, or it requires nothing beyond what it is to confirm, maintain, and be what it is. It stands alone. The secondary reality 'force' of trust, however, creates mind 'objects' that require fulfilling: auxiliary (protecting) and ancillary (maintaining) 'forces'.

Example: The antithesis of secondary reality trust is mistrust and both of those 'forces' keep you locked within the secondary reality. The loss of the secondary reality 'forces' of desire, emotion and belief will cause pain and suffering, but the loss of trust can shatter your life.

There are ancillary and auxiliary 'forces' attached to all of the secondary reality 'forces' that solidify all mind 'objects' and *force* them into a self-referential artificial substance package. Meaning, the independent 'I' has hijacked the original self-referencing pattern-of-life, creating a shadow of your existence, and so life begins its tortuous journey of existence through the world of shadow.

(4) What the secondary reality 'forces' create

The 'forces' of the secondary reality bring non-material consciousness into materialization, as the knower has artificially escaped its innate self-referencing 'am' *substance* and begins its search for a new substance to take its place. The 'forces' of the secondary reality - desire, emotion, belief, and trust - along with their supportive ancillary and auxiliary 'forces' create a variety of mind 'objects' that are mentally held as a 'thing', thus forming a new referenced substance to replace the naturally occurring 'am' *substance*. The independent 'I' is now '*I am* this or that'.

As mind 'objects' are repeatedly accessed and used, they eventually form a pattern-of-behavior, locking that independent 'I' solidly within the physical world. Ultimately, those patterns dictate how the 'I' thinks and respond to the various acts of others, effectively subjugating free will to that pattern, as the pattern now controls that individual actions and thoughts. This effectively has the 'I' unwittingly renouncing its free will, which is, renouncing the gift within consciousness. And if that gift is not wanted, it is ultimately withdrawn. Herein is what initiates most problems within a civilization, the unknown loss of your free will. Although, all the cloned patterns make it appear as if you use free will daily, you actually are just parroting the information held within one of those cloned patterns, which is part of the great deception, and entrance into the shadow-world.

To regain your free will – your inner freedom – you must mentally stand-aside from (detach from) those self-created mind ‘objects’ that are causing problems. Or, and this is not as difficult as it may appear on paper, keep the content of the mind ‘objects’ but drop their confining borders. This frees the content to grow or shrink, which can occur almost instantly. It is a surprise, one that you may not appreciate until you try it. The surprise is that you see and hear differently, for the borders of those mind ‘objects’ will no longer restrict you to see and hear by their former parameters. You become less judgmental, more unconditional, and you ‘feel’ freer, which is a primary reality spirit energy arising (activating) to confirm your decision. Yes, the primary reality does ‘speak’ to you. You just have to learn how ‘listen’.

As stated previously, the darkness within consciousness is there for a reason. One of those reasons is the gift or opportunity to discover that the Source-of-Existence is reflectively within you. That gift is covertly embedded within consciousness and open to discovery by many methods. The primary reality spirit energies will support your effort in that internal adventure. When you get close or metaphorically ‘touch’ that reflected Source, the appropriate spirit energy will make itself known in a fashion that resonates with how you made that form of ‘contact’. Unwrapping that gift is not taxing. Very young children appear to do it all the time, but soon lose that innate ability as they grow older.

However, the mind ‘objects’ can form into patterns-of-living so strong that the individual that created them may both feel helpless to alter them, and not want to alter them, as they form his or her persona, way-of-life, or internal security. This is where the shadow-world engulfs the world of an independent ‘I’ to such an extent that it can cause the ‘I’ to self-destruct in variety of ways: physical or mental self-harm or the harming of others.

Whatever you do in life, be aware that you have self-created a shadow-world that is controlling your life without you being aware of it. And it all begins by the ‘I’ within your ‘I am’ consciousness artificially separating to create a sense of an independent ‘I’. That separation is a fiction, as it forms the first pattern within the physical life of an individual and so referred as a *deception*. The second pattern, formed by that artificially separated ‘I’, is created by that ‘I’ searching for a new ‘am’ substance in the physical world, and finding it in mind ‘objects’ created by the secondary reality ‘forces’. This is deceitful because it is a false substance. That action forms the deception-deceit pattern that can be endlessly cloned by using its structure. Know how the structure of that original pattern is created and you can disable, or reform, all cloned-patterns.

Everything else in existence uses or follows those two patterns. Not all will agree with that statement but if you intellectually reduce any pattern to its fundamental structure, you will discover the underlying deception-deceit

pattern that forms the shadow-world. Thus, the 'I' is not as independent as it may seem to itself, for the deception-deceit pattern or one or more of its many 'clones' have created a prison, and you are its prisoner. The most alarming aspect of this process is that the prisoner (you) experiences himself or herself as being free. This is the shadow-world in operation: it deceives.

6. The Shadow-World

The shadow-world is self-created. As mysterious as it may sound, it arises upon a normal evolutionary process, but appears to take a wrong-turn to head in a detrimental direction. This is one aspect of the inner suggested darkness being used to discover light, as the darkness, both directly and indirectly, can stimulate or awaken the nature of The-Good within. And it begins from your first breath upon this planet. That is another thing most tend to forget as they try to survive in this increasingly technologically speedy world, that we live on a planet, one of many trillions of planets in the universe. It always appears as if we are living on a flat surface, and that myopic vision plays into the hands of the great deception.

(1) How the shadow-world arises

The secondary reality created by its 'forces' is also maintained by them. Initially one or a combination of those 'forces' establish mind 'objects' allowing the artificially disconnected 'am' to be replaced by those 'objects' as its new 'am' substance. The 'I' is then experienced as being at rest, as that new 'am' substance artificially completes it: self-referencing. The content of those mind 'objects' is then a powerful element within an individual, as the 'I' takes that content to be itself. The 'forces' of the secondary reality create the various mind 'objects' that are then used to protect and maintain them. It is a closed system. And those locked in mind 'objects', like all mind 'objects', can be used for good or evil depending upon the strength of the secondary reality 'forces' that maintain and protect them.

Thus, a desire by the 'I' to complete itself leads to accepting, adopting, or creating a mind 'object' for that completion. The 'object' is then *emotionally* maintained by a *belief* in its content, which is *trusted*: a new artificial substance. Depending upon the extent of that trust, those secondary reality 'forces' can create unconditional humanitarians or those who radicalize that content to force it on others. The former is using the nature of The-Good appropriately. The latter is the independent 'I', which is a deception controlled by one or a combination of its mind 'objects', controlling or harming others in the belief of doing good. And that is the great deception: the 'I' is being deceived by its own mind 'objects' into

destruction, believing such actions are protecting. Thus, the shadow-world, as a deception-deceit pattern, destroys under the illusion that it is protecting.

The one thing that must be always remembered when dealing with held mind 'objects' is that the content that forms them can be used for either good or evil. And that depends upon you, not the content, even if that content is a goodly portion of what you believe yourself to be. If you have subjugated your free will to a mind 'object', it will control you even though you think you control it. And control by a mind 'object' is entrance into the shadow-world.

However, if that control is used to support the physical, mental, and spiritual wellbeing of an individual or populous, then free will is in its proper home, the nature of The-Good. Consequently, those mind 'objects' will build rather than destroy, for those mind 'objects' are not imposed upon another, but offered. If rejected, they are not 'forced' upon another, but left to act like yeast in bread. And that is the nature of The-Good used appropriately: unconditional, with absolutely no strings attached. This allows the free will of the other to 'awaken' in its own time and arise to reclaim its imprisoned 'I'. That allowing effectively removes the deception from that 'I', for it gives the deceit nothing to arise upon to control the 'I'. So the deceit simply disappears to be as if it never was. The deception was fiction to begin with, and when that fiction has no deceit to uphold it, it simply ceases to exist, putting an end to the shadow-word. And that end is a new beginning.

(2) Direction in life

Your life is always in your hands to use or misuse. But if the deception-deceit pattern controls you, the choice is not in your hands: it is under the control of a deceit. Each use obviously establishes different results. Non-material logic can be used to understand those results and fathom their origins in your thoughts and action.

So, first check the direction your life is taking. This direction is not discovered in your work or relationships, as much as in how you 'feel' about what you are doing with your life. How does what you internally 'feel' as your inner direction match how you function in the exterior world? A quick way to glimpse that inner direction is to see if you impose or try to impose something upon another. Remember, positive direction is unconditional (no mind 'objects' are imposed) and negative direction is conditional (controlled by the content of mind 'objects'). It is a quick snapshot of the direction your inner life is taking, allowing you to alter that direction, if necessary.

Any alteration of an inner direction generally begins by using the secondary reality 'forces' to *awaken* the primary spirit energies that will be

used to guide that journey. Initially, those secondary forces will begin supplementing, revealing, or extending those spirit energies, gradually bringing those two realities together as one. This is the *knower* of consciousness slowly regaining its free will by using the secondary reality rather than being used by it.

That newly minted ‘one’ is progressively assimilated back into consciousness’s ‘am’ *substance*, where the impersonally embedded nature of The-Good is discovered and released to redefine that individual’s life direction. That action personalizes what is impersonally embedded in consciousness, effectively adding to what cannot be altered. Following your physical demise, that ‘addition’ is used to ‘awaken’ consciousness in a new non-material environment.

If you are having difficulty appreciating the difference between the primary and secondary realities, remember that the secondary ‘I am this or that’ reality constantly requires some form of stimulation or fulfillment, while the primary reality does not. Allowing the primary reality spirit energies access into your life positively changes it. The only way you can verify that statement is to apply it.

7. In Conclusion

The quick response to the question that began this introductory booklet, ‘Is there a God?’, is Yes: There is a non-material or spirit energy that is often referred to as God. That spirit energy will never be physically seen as it is non-material. But, as that non-material Entity exists as a reflection in you (your consciousness ‘I am’), you can ‘feel’ its ‘directional’ energy (nature of The-Good) when internally ‘touched’ and that is your personal connection. Or, if you witness the nature of The-Good being accessed by others it can be ‘seen’ in the results of their actions. That form of ‘touching’ is what transforms the temporary loan of consciousness into a permanent non-material *form* that will, in another environment, materialize.

The second question ‘Why am I here?’ is more difficult to respond to. But if you see yourself (consciousness) as having a potentially infinite existence the ‘why am I here’ question can resolve itself, for you can take a long-view of existence rather than a short myopic one. The long-view can be viewed as an ever-expanding universe with you as an active participant in that endless growth.

The long-view reveals that you have been given a gift of free will and an impersonally embedded *substance*, containing the nature of The-Good, for that free will to personalize. If the nature of that internal but subliminal *substance* is in some manner ‘touched’ and revealed, you have personalized that nature. As said above, that personalization is what ‘awakens’ consciousness to the existence of a non-material world where the nature of

The-Good is a normal aspect of everyday existence. No shadow-world can exist in that environment. If on the other hand you live your short physical existence with a myopic vision of it, and ignore what you have subliminally embedded within the 'I am' of consciousness, when that physical life comes to an end, so will your existence. You set the conditions for either result: both results are just, as they are not created by another, but yourself

(1) Myopic vision

Without a sense of personal connectedness to the Source-of-Creation you will tend to be guided by short-term goals and desires. No matter how many goals and desires you finally achieve, there will always be a dark hole in your life that requires constant filling. This is most evident when those achieved goals and desires rapidly lose their 'shine' and must be replaced with newer or better goals and desires. That inner 'black hole' can only be eliminated by one thing: a sensed connectedness to the Source-of-Creation.

How that connectedness exists can be by experiential processes, by an 'honest' devotional belief, or any process where the nature of The-Good is awakened and used. ('Honest' in this context means the unconditional application of the nature of the purity existing within consciousness: no confining constructs attached to the application). The two main processes are often described as the *devotional* or *experiential* pathways.

In reality, though, experiential processes of connection and belief-inspired devotional connection are identical. They are like two tracks running side by side, never touching or joining, but heading toward the same destination. When that destination is reached each is amazed that the other is there, as their 'way' appeared to be the only way.

There are many ways to discover the nature of the purity of consciousness, as that nature is boundless and therefore open to any approach by anyone at any time. As such, the nature of The-Good is the key to existence as it establishes a sense of directional and connective permanency, overcoming any sense of isolation in the universe. It eliminates that inner 'black hole', not by filling it but by removing it.

The moment that 'black hole' is gone your life immediately takes on a new vitality or clarity of vision as you can now see past the inner darkness that the 'hole' created as the release of inner 'light' lights up your life. This is your Identity forming its indestructible character, as it is now bound within the nature of consciousness. And as that nature is infinite so is your Identity, and equally indestructible. Your material biological existence has been transformed from a temporary acquisition to a non-material permanency simply by being and releasing what is subliminally embedded within your consciousness 'I am'.

That transformation begins and ends with the alteration or removal of mind ‘objects’ that in some way stifle the nature of The-Good. The following is an example of one process to achieve that alteration.

(2) Example of mind ‘object’ removal

Whether you are Christian or not, one phrase by Jesus quoted in the *New Testament*, ‘love your enemies’, can be usefully applied by everyone to assist this inner transformation, regardless of their religious persuasion. It may initially be difficult to appreciate, but acting on that single phrase can immediately start filtering or preventing old constraining patterns from arising and controlling your actions or words.

On the face of it, that suggestion may seem impossible to actually achieve, as loving your enemies, or trying to, will not alter the attitude of an adversary, antagonist, rival, or nemesis. What it does do, though, is immediately neutralize and so temporarily negate any hateful mind ‘objects’ self-protectiveness, creating an inner empty space or openness. That inner space is surprising peaceful, not judgmental or carrying any sense of superiority for you have effectively blocked or filtered out old deception-deceit cloned patterns that are (were) unknowingly holding you captive.

The internal magic of that simple phrase ‘love your enemies’ is not voiced to alter an enemy’s state of mind. It is given to alter your own mind, enabling you to ‘touch’ the nature of The-Good within consciousness. The surprise arising from that inner thought-action is that an inner space is opened, and spirit energies become active so that you can ‘feel’ another way to state your position without attacking the borders of another’s beliefs or constructs. The best way to verify this is to try it for yourself. Do not expect immediate external results, but with time you will notice subtle changes within yourself that ultimately benefit everyone.

Thus, by mentally projecting love, not the conditional or emotional sort, but an unconditional acceptance of the other person without any form of judgment you open a space for genuine dialogue. If that dialogue does not eventuate, that is OK too, as the result is not as important as learning to keep the secondary reality under the *direction* of the primary reality. The important part is you regain inner freedom from subliminally controlling patterns that were (are) doing you enormous harm without your being aware of it.

If you undertake a closer examination of all of Jesus’ statements you will discover a much deeper and very practical meaning beyond how they are normally interpreted. The book *Experiential Christianity* was written to open those inner doors that were closed to expose a new inner clarity.

(3) In closing

The purity of the nature within consciousness can be accessed without any of the information in this little booklet, or in any of the books by this author. Their aim is to support if help is sought or required.

If you wish to see how all the information of the books is developed and fits together, *The Mind of Consciousness* is the book to read. For a more concise articulation of extensive information in that book, *The Source-code of Existence* is the book to read. It contains all the information of the *Mind of Consciousness* but in a far easier read and a simpler format.

If you are a practicing Christian, or a lapsed one, or want to understand the forgotten Way of Christianity as it existed prior to Christianity becoming a state religion in 300 AD, then *Experiential Christianity* is the book to read. It contains all the information from the *Source-code of Existence* presented in the context of the *Gospel of Thomas* and the teaching parables in the *New Testament*. It is not generally recognized that those parables have both a devotional and an experiential aspect. Over the centuries the experiential side has been lost. The book, *Experiential Christianity*, addresses that omission.

Whatever you decide to do with your life, remember the only way to permanently remove that 'black hole' in your life is by releasing the nature of The-Good that is subliminally embedded within your consciousness. The 'black hole' will always make its appearance in your life, and you can call it by many names. But it is rarely recognized as the valuable reminder to self-discover why you inhabit a biological body. The removal of that 'black hole' is not difficult, though some specialists can make it appear so. You have the means of removal within you. It simply is a matter of releasing it. How you achieve that release is a matter of individual propensities. Do that one action and your life changes forever. Do not take my word for that. Try it and see for yourself. It works and it works instantly, as the nature of that release is metaphorically what you are. It forms a connection to the Source-of-Existence *for that Source is reflected in you*. When that internal disconnect is eliminated the 'back hole' is eliminated, as you have *allowed* the Light within to illuminate the nature of The-Good and so negate it. By using the gift of that nature you become a co-creator, and the temporary loan of consciousness is now permanently yours

In conclusion, you are searching for what you already have. Therefore, look within and not without, for within you is the nature of the Source-of-Life. It is not hiding. Connecting to that Source is not difficult as, knowingly or not, you use its reflection every moment of your existence. The Source of that reflection has been described in many ways throughout the ages by many different individuals and organizations, yet no matter how their descriptions differ, the one thing they hold and express in common is 'The door is always open'.

(4) Additional notes to clarify aspects outlined in The Booklet

Information in *The Booklet*, as well as in the books, can be compared to the materials and construction work that goes into building a bridge. This may appear obvious, but when that bridge is built it is essential to actually walk across it to the other side. It may come as a surprise that many become so enamored with the materials and construction process they forget to use the bridge, effectively defeating the purpose for its existence. Thus, it is vital, once constructed the bridge is used as intended. The ‘crossing’ is important for when you arrive at the other side, and turn around to look at where you came from, you will discover the bridge is gone as both sides are now as One. The materials and construction process then become usable in supporting others to form their own bridge that suits their character. And that is the purpose and direction of the books and essays.

The other more difficult experiential aspect of this inner exploration process is discovering what ‘feels’ like having two minds. Do not be concerned by this finding, as it is easily explained. What you are familiar with is the mind created by the biological brain. The other Mind exists as the nature of The-Good. It imposes absolutely nothing upon your biological mind, and remains *silently* but ‘actively’ impersonally embedded within consciousness. That silent but impersonal subliminal activity is what makes it ‘feel’ present, as *something* beyond what you are. Thus, as its activity is limited to having you experience its nature the term Mind many appear inappropriate. But, that subliminal activity is movement within non-moving consciousness, making that movement ‘directed’ and so in some fashion minded. It may be easier to remember that inner subliminal movement as the Mind simply being active by its ‘Presence’. It is up to you to use, or ignore any direction it subliminally illuminates within both your waking and sleep modes of existence. You are not physically rewarded if you access and follow its direction. Or, a reward can be said to exist as the use assures your continued non-material existence. Also, you are not punished if you do not access and use that nature. Or, a punishment can be said to exist as its nonuse potentially puts your continued non-material existence in jeopardy.

For further clarification, the nature of The-Good is embedded within consciousness as both are of non-material origin, and so innately resonate. Whereas, the biological created mind is material in origin and must actively choose to participate in that resonance. Making the purpose of physical existence rather obvious as it is singly designed to have the materially formed mind ‘choose’ that nature as what it is without any non-material interference: the spirit *Law of Non-Interference*. This absolute freedom of choice, free of *imposed* internal influences, is what establishes a non-wavering solid or permanent direction for that individual. Note: subliminal illumination of that nature is not imposing it. It is up to each individual to

recognize that illumination, and act upon it, or ignore it. As such, it is disturbing to witness many endlessly misusing or wasting that freedom: but that is what separates the wheat from the chaff. However, if the internal illumination of that impersonally embedded nature is recognized and used it effectively personalizes it. That action clarifies the opening paragraph of this addition, as all the materials and construction process in the books and essays are ‘pointing’ at accessing and using the nature of that Mind by your mind. The use is what forms the bridge joining the two as One.

As a connective aside to the foregoing, if you use private prayer actively in your life and ‘feel’ that someone is listening, you are correct. That Mind, or That-Sense-of-Presence, as the nature of The-Good, is the *Listener* and will in some noninterfering manner respond when you mentally ‘touch’ its nature. Such as, if the mental ‘touching’ metaphorically ‘awakens’ its nature it will simply feel-good, or resonantly correct, which is that Mind talking to you. The feel-good sensation also arises when you do any selfless and/or supportive action, as the nature of The-Good is in some manner being externally illuminated.

As an additional note to this aside, rote prayers generally do not have the same connective strength as do prayers that are like confiding in a friend. That form of confiding ‘feels’ connectively-liberating as its personal nature makes it heartfelt, and so ‘touches’ the nature of The-Good. So, just treat the Mind of That-Sense-of Presence as a true friend and share your innermost thoughts, worries, and joyful moments. You will get back far more than what you gave.

One last comment, the processes outlined in the books are experiential. Meaning, if you want to test their validity you have to construct the suggested mental ‘bridge’ to do so. When the bridge exists you actually have to use it. Besides the sense of oneness that results from the use a surprise also awaits you on the other side. That surprise is a gift that no one anywhere can open for you, as it can vary for everyone. Thus, you must do it yourself, as it unveils a personal direction for your existence.

Opening that gift and unveiling the surprise contained within is a solitary inner journey to discover a personal connection to the Source-of-Your-Existence. Insightful clarity will arise within that journey, confirming the direction of your chosen pathway, as the inner illuminations is That-Sense-of-Presence *talking* to you. If you prevent the secondary force of ‘trust’ from arising to convert the result of those illuminations into a ‘thing’ that can be held and demonstrated, the primary spirit energy of ‘trust’ is given the *space* to activate, creating an inner connection to the Source-of-Existence that not only ‘feels’ personal, it is personal. That connective-surety validates your effort and is the doorway to an eternal adventure.

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